# District 10 Newsflash

Brought to you by Clayton Perry, District 10



February 21st, 2018

Howdy Neighbors,

We held our District 10 Community Meeting on Monday night. We were joined there by Dr. Brian Gottardy, Superintendent of NEISD, Carlos Contreras, Interim Executive Director of the Tricentennial, and Jean Latsha, VP of Development of PEDCOR.

At Monday's meeting, I briefly presented information regarding the potential for City Homestead Tax Exemptions in San Antonio. Our City consistently touts our low City tax rate but continually increases our rates and mandatory monthly fees. Our tax payers are long overdue tax relief. It is my goal to obtain tax relief for you all in the form of a City Homestead Tax Exemption. However, this is not a goal that I can achieve on my own. In order to make this possible, I need the support of my council colleagues. Please participate in this brief <u>survey</u> and share the link with your neighbors, so I can better understand where you all stand on this matter.

Officer Joshua Crumley of our North SAFFE unit has received a well deserved promotion to detective. Officer Crumley has served San Antonio for over 14 years. During his time on North SAFFE, Officer Crumley served many neighborhoods including Long's Creek, Northern Hills, El Chaparral/Fertile Valley, Steubing Ranch, and Eden. We are sad to see him leave the North SAFFE, but extremely proud of his promotion to detective.

As a reminder, the Primary Election for State Representative and Congress will take place on Tuesday, March 6th, 2018. This election is important and will directly impact you. Early voting began February 20th, 2018 and ends on Friday, March 2nd, 2018. Check your county elections website for voting information and locations.

As always, thank you for being active community members and leaders here in District 10, and do not hesitate to contact our office if we can be of any assistance to you.

- Clayton



## **Upcoming Community Meetings**

Northeast Neighborhood Alliance Meeting March 19, 2018 - 10303 Tool Yard

## Open Surveys

Here in District 10, we're already looking "down the road" for repairs and upgrades. We've been hard at work reviewing and tweaking the 2018 street repair schedule, but we are always on the lookout for the big projects that can truly transform District 10. We've started a running list of future bond projects for consideration, but we need your help in guiding us to what District 10 needs most. Please help us determine what your priorities are for the future 2022- 2027 Bond by completing this <u>survey</u>. It's not too early for us to start this process at our level.

## Healthy Tips with Dr. Bridger

One of Metro Health's priorities is reducing child and family obesity, so you may be surprised to read that in my inaugural Health Tips column I'm actually advocating eating more!

Many of you have heard experts say that the obesity problem is one of simple math-too many calories in and not enough calories out (also known as "exercise") equals weight gain. So, imagine my surprise to learn that a major study has found that people who eat breakfast actually weigh less (an average of 5 pounds less) than people who skip it. Plus, the breakfast eaters consumed *more* calories each day than the non-breakfast eaters! So, what gives? Well, remember the obesity equation has two parts and it turns out the "calories out" part works better if you start your day well fueled. Folks who eat breakfast feel



Dr. Colleen Bridger

better and thus have the energy to burn more calories throughout the day. Interestingly, it didn't seem to matter what the people ate for breakfast, just that they are something. Of course, I'd recommend a bowl of whole grain cereal topped with some protein-rich yogurt and fruit.

More than half of all Americans (including children) regularly skip breakfast, either in an attempt to lose weight, or just out of habit. Parents take note: kids whose parents skipped breakfast were much more likely to skip it themselves. This is one unhealthy habit I'd urge folks to break. Want more proof? There are other studies that show that kids who eat breakfast perform better in school and suffer less from chronic diseases like diabetes, hypertension and depression. Also, one study found that people who ate breakfast were less likely to get the flu. I know we often equate making healthy choices with making sacrifices, but here is one very yummy exception. It turns out mom was right, breakfast really is the most important meal of the day.

Dr. Bridger is a District 10 resident and serves San Antonio as the Director of the <u>San Antonio Metropolitan Health District</u>.

City Perks with Clayton



A few weeks ago, we filmed our very first City Perks with Clayton segment. In this episode, I highlight the City's 3-1-1 Services. If this interests you, please take a look.

If there are City Services you'd like for us to highlight next, contact our office at District10@sanantonio.gov.

### Basura Bash





On Saturday, February 17th, District 10 participated in the 24th Annual Basura Bash. We had over 100 volunteers join us to clean up Salado Creek at the Tobin Trailhead. I was so proud to see our community come together to participate in this effort.

A huge thanks to Solid Waste Management, Parks Department, SAPD North SAFFE Officers, Whataburger, the Basura Bash Organization, and the hundreds of volunteers across San Antonio for making this possible for our communities.

One of our volunteers, Mr. David Guerra, brought his drone to record our efforts. His footage can be found <u>here</u>.

## Community Spotlight



Thank you to the World Mission Society Church of God for volunteering your time to clean up Stahl Road near Nacogdoches. The Church of God Young Adult Volunteer Group noticed that there was trash build up in this area and took it upon themselves to coordinate a cleanup.

If you would like to highlight someone in our community, please email <a href="mailto:District10@SanAntonio.gov">District10@SanAntonio.gov</a>.









# -community-MEETING

People with disabilities, friends and family, caregivers, disability professionals, & non-profit organizations are invited to join us as the City of San Antonio develops the

#### **EMERGENCY PLAN FOR PEOPLE WITH DISABILITIES**

For more info contact

Disability Access Office 210.207.7135 | Texas Relay 711

- or -

DisabilityAccess@SanAntonio.gov







### **CAN'T ATTEND THE MEETING?**

Visit SanAntonio.gov/DAO to take our survey!

Se habla Español.

Reasonable accommodations, including auxiliary aides and services, must be requested **48 hours prior** to the meeting.

## **UPCOMING MEETINGS**

#### Tues., Feb. 20 Focused on the Blind and low vision communities.

San Antonio Lighthouse for the Blind, Vision Rehab Center, 310 Eads Ave. • 2-4 p.m.

#### Thurs., Feb. 22 Focused on the Deaf and hard of hearing communities.

Thousand Oaks Library, 4618 Thousand Oaks • 3:30-5:30 p.m.

#### Mon., Feb. 26 Focused on the mobility and medical needs communities.

Lion's Field Senior Center, 2809 Broadway • 3-5 p.m.

#### Tues., Feb. 27 Focused on the intellectual and developmental disability communities.

West Fall Library, 6111 Rosedale • 1:30-3:30 p.m.

#### Wed., Feb. 28 Focused on the Deaf and hard of hearing communities.

Henry Guerra Library, 7978 W. Military Dr. • 2-4 p.m.

#### Tues., Mar. 6

Carver Library, 3350 E Commerce St. • 2:30-4:30 p.m.

#### Tues., Mar. 8

McCreless Library, 1023 Ada St. •1:30-3:30 p.m.

#### Sat., Mar. 10

Hardberger Urban Ecology Center, 8400 NW Military Hwy. • 10 a.m.-noon

#### Tues., Mar. 13

Tobin Library at Oakwell, 4134 Harry Wurzbach • 5-7 p.m.

#### Wed., Mar. 14 Focused on the senior community

Cortez Senior Center, 5512 W. Military Dr. • 2-4 p.m.

#### Sat., Mar. 17

Central Library, 600 Soledad St. • 10 a.m.-noon

#### Mon., Mar. 19

John Igo Library, 13330 Kyle Seale Pkwy. • 5-7 p.m.

#### Tues., Mar. 20 Focused on the senior community

North East Senior Center, 4135 Thousand Oaks • 2-4 p.m.

#### Tues., Mar. 27

Pan American Library, 1122 W. Pyron Ave. • 2:30-4:30 p.m.

#### Thurs., Mar. 29

Memorial Library, 3222 Culebra Rd. • 3:30-5:30 p.m.

Sa ASL Interpreter available at all meetings. Se habla Español.

Some of you know that I have taken a special interest in ensuring that members of the disabled community are taken into account by the City of San Antonio. After Harvey, I requested the City to ensure that our emergency management plans included their feedback and consideration. I'm so pleased that the City is paying attention - above is the announcement of a schedule of community meetings with the Disability Access Office and Transportation and Capital Improvements to gather feedback on what can be improved or implemented. I highly encourage you share this information with your neighborhoods to ensure that everyone knows

about this set of meetings. For more information, click here.

## 2018 C.O.P Schedule

Northeast substation Citizens on Patrol classes are 1-time, 4-hr classes. Please bring a photo ID when attending. All necessary applications will be filled out at the beginning of each class and photos will be taken for a complimentary COP ID card.

<u>Date</u>	<u>Day</u>	<u>Time</u>	Location of class
March 3 <sup>rd</sup>	Saturday	9:00am-1:00pm	13030 Jones-Maltsberger
April 9 <sup>th</sup>	Monday	6:00pm-10:00pm	13030 Jones-Maltsberger
May 5 <sup>th</sup>	Saturday	9:00am-1:00pm	13030 Jones-Maltsberger
June	reserved for out-of-cycle classes		TBD
July	reserved for out-of-cycle classes		TBD
August	reserved for out-of-cycle classes		TBD
September 10 <sup>th</sup>	Monday	6:00pm-10:00pm	13030 Jones-Maltsberger
October 13 <sup>th</sup>	Saturday	9:00am-1:00pm	13030 Jones-Maltsberger
November 5 <sup>th</sup>	Monday	6:00pm-10:00pm	13030 Jones-Maltsberger
December	no classes scheduled		

Please call or email with name and phone # to confirm attendance.

Officer Dave McDonald #0216 13030 Jones-Maltsberger Office: 210-207-6086

Email: james.mcdonald@sanantonio.gov

For any questions, please contact
Officer Dave McDonald at 210-207-6086.

Celebrating the City's Tricentennial



The San Antonio Tricentennial celebration continues with more featured events commemorating San Antonio's storied history. Residents and visitors can explore the official events calendar and sort events by day, time, council district or county precinct. The official Tricentennial magazine features a complete listing of events through the end of the year. The magazine is available for free at H-E-B stores and Jim's Restaurants throughout the city.

Residents and visitors can also learn about upcoming events and activities by signing up for the official Tricentennial e-newsletter at <a href="https://www.sanantonio300.org">www.sanantonio300.org</a>



Can't attend in person?
Participate online February 19-28, 2018 at:
WWW.ALAMOAREAMPO.ORG/YOURMOVE

## TRANSPORTATION IMPROVEMENT PROGRAM

## PUBLIC MEETINGS

#### SHAPE OUR FUTURE!

The Alamo Area Metropolitan Planning Organization (AAMPO) invites you to attend one of four public meetings to discuss 48 transportation projects being considered to receive federal funding over the next four years through inclusion in the region's Transportation Improvement Program.

We need **YOU** to give us **FEEDBACK** on projects that are competing for AAMPO regional transportation funding.

### PRESENTATION STARTS AT 6:00 P.M. ALL DAYS

Arrangements for special assistance or an interpreter can be made by calling the Metropolitan Planning Organization office at (210) 227-8651, or Relay Texas at 1-800-735-2989 at least five (5) business days in advance.

The TIP development process is being used to satisfy the public hearing requirements of the Federal Transit Administration's (FTA) Section 5307 program and this public notice of public involvement activities and time established for public review and comments on the TIP will satisfy the FTA Program of Projects requirements.



#### **BEXAR COUNTY**

Wednesday, February 21, 2018 VIA Metropolitan Transit 1021 San Pedro (78212) LIVE STREAM www.alamoareampo.org/MPOLive

#### **GUADALUPE COUNTY**

Thursday, February 22, 2018 Seguin Public Library 313 W. Nolte Street (78155)

#### **KENDALL COUNTY**

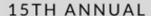
Tuesday, February 27, 2018 Kronkosky Place 17 Old San Antonio Road (78006)

#### **COMAL COUNTY**

Wednesday, February 28, 2018 New Braunfels Civic Center 375 S. Castell Ave. (78130)

For more information contact Linda Vela at (210) 227-8651 or by e-mail at alvarado-vela@alamoareampo.org.





## **Graffiti Wipeout**



MARCH 3, 2018 • 8:30- 12PM

First 200 registered volunteers will receive a No Graffiti SA Fiesta Medal!



QUESTIONS?
CONTACT MELISSA ESCAMILLA AT 210-207-8178
OR LISA MCKENZIE AT 210-207-5430

**VITA Free Tax Preparation** 



VITA is a free tax preparation service for individuals and families who earn up to \$60,000 per year. All tax-preparers are IRS-trained and certified. The District 10 VITA site is located at Thousand Oaks Library. All VITA sites are open through April 17th, 2018.

For more information, click here or call 2-1-1.



#### This Weekend at SAPL

Free fun at San Antonio Public Library locations February 23 – February 25!

Events are sometimes added and updated. Please check mysapl.org for the most up-to-date information.

#### Volunteer Income Tax Assistance (VITA)

Thousand Oaks Branch Library (4618 Thousand Oaks, 78233)

Friday, February 23 – Sunday, February 25

10 a.m. – 4 p.m.

VITA staff and volunteers will be available to assist with filing your tax returns. This is for people with \$60,000 or less in taxable income.

#### Saturday Morning Walk

Semmes Branch Library (15060 Judson Rd., 78247)

Saturday, February 24

10:30 - 11:30 a.m.

Keep up with or get started on your New Year's resolution. Please join us every Saturday morning for a .2 mile walk around the library loop in Comanche Lookout Park. We will leave the library at 10:30 a.m. and conclude before 11:30 a.m.

#### **Meditation Hour**

Tobin Branch Library (4134 Harry Wurzbach Rd., 78209)

Sunday, February 25

10:30 - 11:30 a.m.

Do you have an established meditation practice or would you like to begin one? Please join us for group mediation. Bring your floor pillow or blanket if desired. Chairs and floor space will be available. This program is open to new and experienced attendees.

#### **Semmes Sunday Stitchers**

Semmes Branch Library (15060 Judson Rd., 78247)

Sunday, February 25

2 - 4 p.m.

Do you cross stitch, knit, crochet, embroider or tat? Please join us and bring your latest project for a few hours of stitching.



SA2020° IMPACT REPORT

**CLICK HERE** 

TO SEE THE NEW REPORT ON SAN ANTONIO'S PROGRESS

## **Project Trackers**

Click the buttons below to see status updates on various infrastructure projects.

2017-2022 Bond Projects CPS PROJECTS

SAWS PROJECTS TxDOT PROJECTS

**Spreadsheet:** <u>District 10 Street Maintenance Schedule</u> <u>for 2018</u>